# Appropriate Discharge Plans for Individuals with a Mental Illness Leaving Facilities

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# Discharges by Facility Type

- Hospitals
  - Emergency Rooms
  - Private Hospitals
  - Public Hospitals
- Criminal Justice System
  - Jail
  - State Prison
- Treatment facilities

# Challenges associated with discharges of mentally ill clients

- No Payor Source
- Substance abuse/ Co-occurring diagnosis
- Medication non-compliance
- Medical co-morbidities
- Criminal Justice history

# All leading to primary issue....

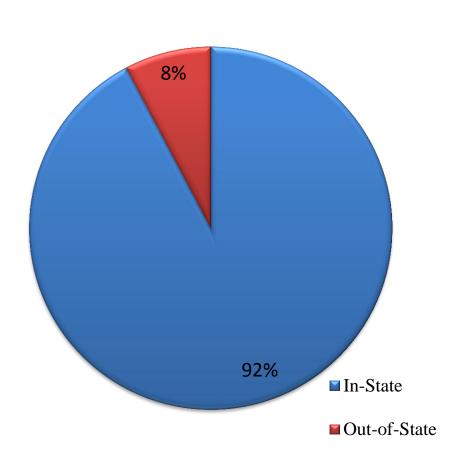
# HOUSING



# Psychiatric Facilities in Nevada

- -Total number of Statewide Psychiatric hospital beds -1171 total
- -3 State Adult Psychiatric hospitals
  - Lakes Crossing —Forensic Hospital: Licensed and staffed for 66 inpatient beds
  - Dini Townsend- Licensed 70 beds -staffed 50 beds
    - (40 Inpatient and 10 Psychiatric Observation Unit)
  - Rawson Neal- Licensed 289 Staffed 190
    - (160 Inpatient and 30 Psychiatric observation unit)

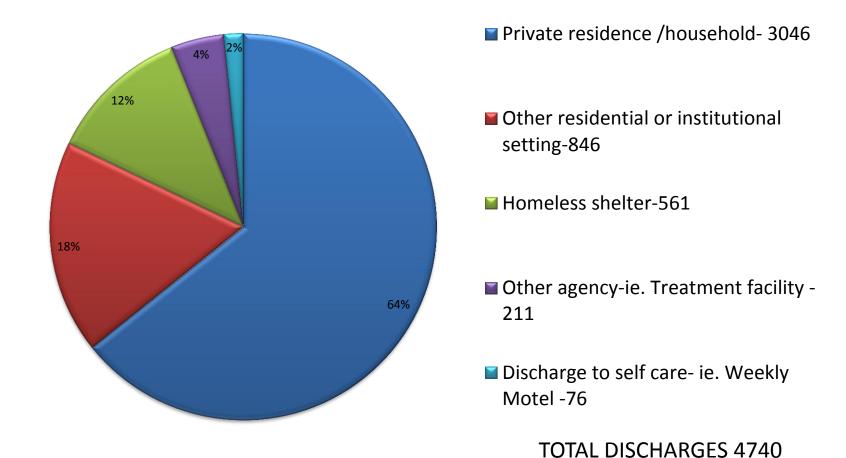
# Nevada Psychiatric State Hospital Admissions (7/1/12 – 2/28/13)



### State of Residence

- Nevada 4,147 (91.3%)
- California 140 (3.1%)
- Arizona 29 (1.1%)
- Texas 16 (0.6%)
- Utah 15 (0.4%)
- Florida 10 (0.3%)
- Colorado 10 (0.2%)

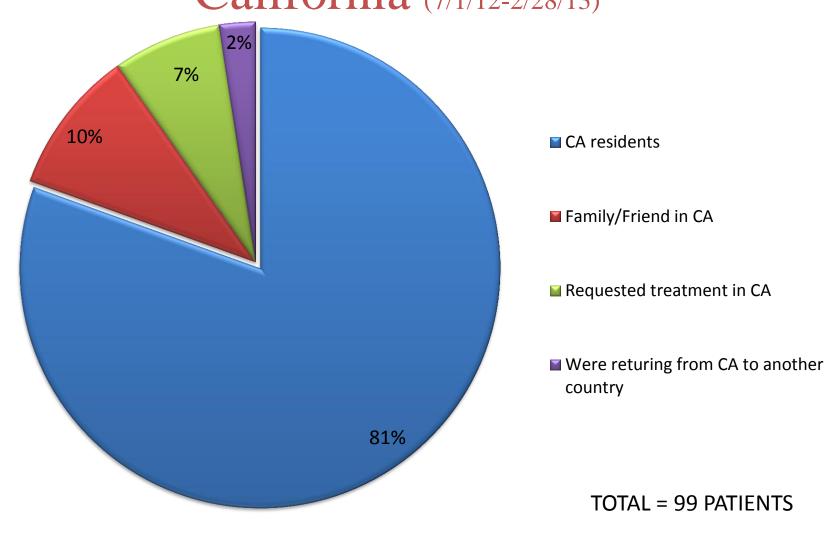
## Nevada Psychiatric State Hospital Discharge Disposition (7/1/12 – 2/28/13)



### Out of State Placement

- 1. Discharge to home
- 2. Discharge to family/friends
- 3. Discharge to treatment facilities

# Disposition of Patients going to California (7/1/12-2/28/13)



# **Incident Summary**

- Individual was in our Psychiatric Observation Unit
- Discharged to Greyhound Bus
- Discharge did not follow our policy and procedure
- Our initial review reveals this is not reflective of a systemic issue

### **Policies**

### SOUTHERN NEVADA ADULT MENTAL HEALTH SERVICES STANDARD AGENCY POLICY AND PROCEDURE SCOPE: AGENCY WIDE

SUBJECT: Admission/Discharge Criteria

NUMBER: PF-AST-04

EFFECTIVE DATE: 07/12

REVIEW DATE: 07/14

APPROVED BY: /s/ Chelsea Szklany, OTR/L

SNAMHS Appointing Authority

SUPERSEDES:

Policy No. PF-Assessment-4 Effective Date 3/27/02; PF-AST-04

dated03/01/07; 10/07; 02/12; 04/12

### POLICY:

It shall be the policy of Southern Nevada Adult Mental Health Services (SNAMHS) that all admissions be based on established criteria. These criteria are consistent with the ability of the agency to deliver necessary psychiatric inpatient and outpatient care for each patient.

### PURPOSE: II.

The purpose of this policy is to identify the SNAMHS admission criteria for the Psychiatric Observation Unit (POU), inpatient, and outpatient services.

### DEFINITIONS:

- A. SNAMHS: is a psychiatric agency providing a full range of psychiatric inpatient (for adults) and outpatient treatment for adults and youth, who are ambulatory and capable of attending to the usual activities of daily living with minimal assistance.
- Psychiatric Observation Unit and Inpatient Services: Shall accept for admission exclusively adult patients of 18 years of age or older, on voluntary admission, involuntary emergency admission (Legal 2000R), District Attorney's Petition (DAP), Proper Person Petition (PPP), or involuntary court commitments, in keeping with State Statutes and Nevada Division of Mental Health/Developmental Services Policies and Guidelines.

### IV. PROCEDURE:

- Admissions: All persons who are legally and clinically qualified will be admitted without discrimination. Information concerning this agency, its admission policies, and services shall be made available without regard to race, color, gender, national origin, age, sexual preference, religion, disability (including AIDS, HIV, and AIDS- related conditions) or ability to pay for services.
- SNAMHS Inpatient Units, Psychiatric Observation Units and Urban Clinics have no acute detoxification, maternity, surgical or medical capabilities, child, and

### DIVISION OF MENTAL HEALTH AND DEVELOPMENTAL SERVICES SOUTHERN NEVADA ADULT MENTAL HEALTH SERVICES SCOPE: AGENCY WIDE

SUBJECT: Client Transportation Back To

NUMBER:

PF COC-07

Home Communities

EFFECTIVE DATE: 08/2011

REVIEW DATE: 08/2013

APPROVED BY: /s/ Stuart J. Ghertner Ph. D.

SNAMHS Appointing Authority

SUPERSEDES: #1209, dated 9/28/84; #152, dated 8/8/89, 1/13/00; PF-COC-7 date 3/15/02;

03/01/05.07/07:07/09

### POLICY:

It shall be the policy of SNAMHS to assist patients who may be transported back to their home community in order to provide more appropriate care and to remove the burden of treatment from the State of Nevada.

### PURPOSE: П.

The purpose of this policy is to provide appropriate and economical means by which transport clients back to their home communities or where there is family and/or mental health support is located.

### DEFINITIONS: III.

Transportation is defined as providing transportation available for SNAMHS clients in the most economical means that will enable the return of the client to instate or an out-ofstate community.

### PROCEDURES: IV.

The criteria for assessing clients' eligibility to travel back to the home community shall

- Hospital and POU Social Workers, Service Coordinators or designated staff shall assess the clinical need for the client to be transported back to the original place of residence.
- Staff shall confirm client has housing/ shelter available and a support system available to meet client at destination.

# Next Steps

### I. Investigations

- Internal
- Health Care Quality and Compliance
- Center for Medicare and Medicaid Services

### II. Corrective Actions